

JCAP

Dearborn County Jail Chemical Addictions Program

2015 Brief

"I feel that JCAP is another chance at life for me. Those who really want the change can find it here.

Today I have tools that I can use to help me succeed and be the person that I want to be for myself, my family, and my kids."

~ JCAP Participant

OVERVIEW

The Dearborn County **Jail Chemical Addiction Program (JCAP)** serves men and women who struggle from addiction issues, with rates of heroin and other opiates being particularly troublesome in the Southeastern Indiana region. The unique context of JCAP is that it serves a population residing in a jail setting, prior to sentencing for felony crimes or probation violations.

JCAP participants **voluntarily** apply for the program and are submitted to a **rigorous** assessment procedure that utilizes a variety of data sources in order to identify and admit participants who are ready and willing to change.

JCAP men and women participate in **evidence-based programming**, *Thinking for a Change*, which is based on the well-researched therapeutic intervention, Cognitive Behavioral Therapy (CBT), and is geared specifically for offender populations. Participants learn effective coping skills to help reduce their dependence on drugs and alcohol.

JCAP participants also adhere to additional rules and self-governing principals that create a **therapeutic community**. The positive effects of therapeutic communities have been researched for over 20 years, and show that therapeutic communities, particularly in jail

and prison settings help foster a safe environment to engage in treatment and focus on recovery.

Components of JCAP

- ✓ 90 day program
- ✓ (CBT)-based program: *Thinking for a Change*
- ✓ Group & Individual Counseling
- ✓ AA/NA meetings
- ✓ Daily exercise

Qualified Staff

- ✓ Masters-level social workers
- ✓ Trained and certified in *Thinking for a Change*

Research shows that CBT can reduce **12-month** recidivism rates by **25%**.

Landenberger & Lipsey, 2005

JCAP BY THE NUMBERS

392

of offenders JCAP served since 2007.

\$13.84

Cost per day of serving a JCAP offender.

47%

JCAP offenders used heroin or other opioids

History

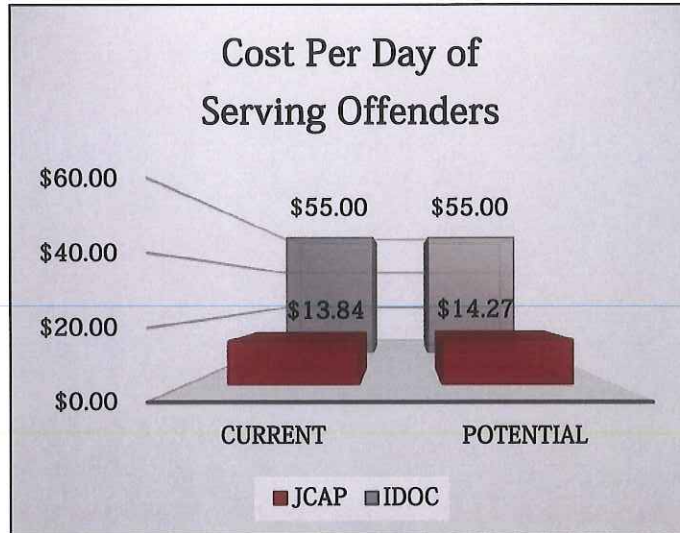
- ❖ 2007 opening with 16 male bed pod
- ❖ 2011 expansion to include 8 female bed pod
- ❖ 392 offenders served since 2007

Cost of JCAP

- ❖ Total operating costs of JCAP are \$161,681.00 per year, including salary and operating expenses
- ❖ Court fees fund program, using no taxpayer money.

Expansion

JCAP plans to increase the number of beds to 24 for both men and women. This would increase the daily capacity to 48 offenders.

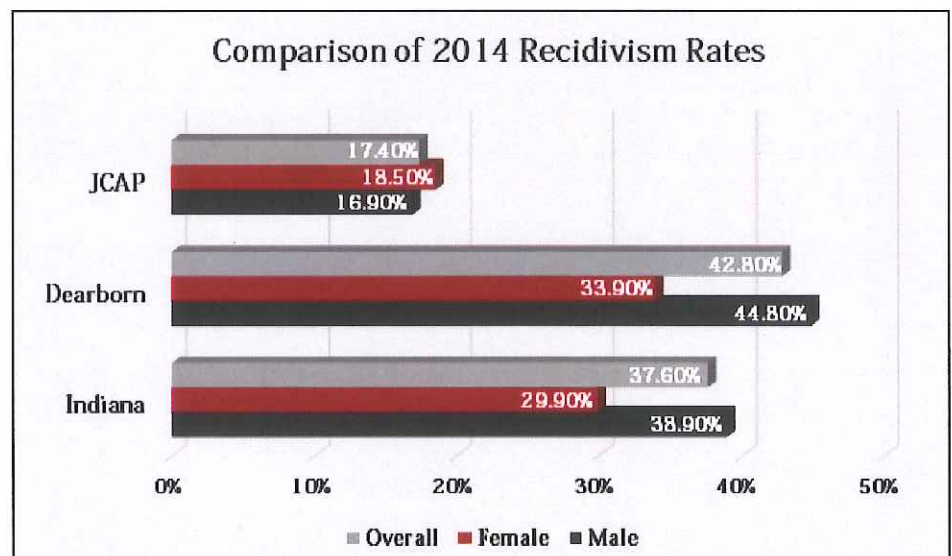


This graph shows the cost of serving an offender in the JCAP program compared to at IDOC. The potential column represents the cost of expanding JCAP by increasing the # of beds and adding a therapist.

JCAP SUCCESS

Reduced Recidivism Rates

JCAP has successfully contributed to lower recidivism rates for those who have participated in the program. Compared to significantly higher county and state rates of recidivism, JCAP stands as an effective program that ultimately helps reduce crime as well as social and economic burdens.



*Sources: ¹Indiana Department of Correction (2014). 2014 Adult recidivism rates. Retrieved from http://www.in.gov/idoc/files/2014_Adult_Recidivism_Summary.pdf

²Indiana Department of Correction (2014). 2014 Adult recidivism, by county of commitment. Retrieved from http://www.in.gov/idoc/files/2014_Adult_Recidivism_CountyofCommit.pdf



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