

2017 IACCAC Fall Training Institute Intensive Session & Breakout Session Descriptions

Intensive Sessions

Supervisor's EBP BriefCASE

Indiana Department of Correction

Tuesday 8:30a-5:00p, Wednesday 8:30a-10:30a, 2:00p-5:00p (20 max)

This two-day training offers an overview of the Supervisor's EBP BriefCASE- 18 modules focusing on evidence-based practices that supervisors deliver to staff over the course of 18 months. It also provides participants with opportunities to practice facilitating the modules, to engage in action planning discussions about how to create and sustain an environment in which to deliver the BriefCASE, and to brainstorm how to coach staff in EBP on an ongoing basis.

Carey Guides & BITS

Indiana Department of Correction

Tuesday 8:30a-5:00p, Wednesday 8:30a-10:30a, 2:00p-5:00p (40 max, 2 classrooms)

This two-day training offers an overview of the Carey Guides and Brief Intervention Tools (BITS)-33 handbooks and six short tools that help corrections professionals use evidence-based practices to address offenders' criminogenic needs and skill deficits in clear, specific, and structured ways. It also provides opportunities for hands-on training with various skill practice tools from the Guides and BITS. The course concludes with each participant developing their own professional development plan.

Data Visualization – Telling Your Story

Ann K. Emery, Emery Analytics (30 max, 1 per county)

Tuesday 8:30a-5:00p, Wednesday 8:30a-10:30a, 2:00p-5:00p

Are you looking for new ways to get your data out of your spreadsheets and into your stakeholders' hands? If so, this hands-on workshop is for you. Visualizing data through charts and diagrams helps you deliver bite-sized pieces of information that stakeholders understand at a glance and retain for the long run. You'll learn both the critical thinking skills and the technical computer skills needed to effectively tell your story. You'll declutter graphs to focus attention on the data; write titles and subtitles that get your point across; and adjust colors to match your branding that are legible for people with colorblindness. The best part is that you'll use software you already have—Excel. This workshop is highly interactive; laptops required. *Participants will have the opportunity to schedule an individual coaching session to review their data sets on Thursday morning.*

A Peak Into the Future of Behavior Change (20 max)

Mark Carey, The Carey Group

Wednesday 8:30a-10:30a

Community corrections' knowledge and skill around how to effect offender behavior change has exponentially increased in recent years with core correctional practice training, use of cognitive worksheets, emphasis on skill practice, and the effective use of behavioral management responses. In addition, research is suggesting that community corrections pay attention to dosage targets and use homework assignments to increase the use of behavioral skills in the offender's natural environment. The

dosage targets of 200–300 hours can be daunting given the limits of programming and one-on-one

casework. The future of behavior change processes will likely augment existing efforts through the use of

online programming, video teaching tools, and other techniques. This workshop will explore some of the early signs of change in the area of offender skill-building and its impact on community corrections.

Breakout Sessions

Specialized Screening Assessments

Mark Carey, The Carey Group

Wednesday, 2:00p-3:15p (Repeated Wednesday, 3:30p-5:00p)

Risk/needs assessment tools provide critical information about an offender's risk to reoffend and criminogenic needs. Additional assessments can confirm or deny the presence of a condition, determine a diagnosis, and identify the most appropriate treatment. Community corrections can benefit from the use of screening tools to determine if additional, specialized assessment is needed. In this sense, "screening" refers to a triage process similar to that in a hospital. Departments need to weigh the benefit of administering these screening tools against the time and cost to put them in place. This workshop will review some of the most commonly used tools for screening mental health, motivation, substance abuse, etc., and describe the practicality for their use in a community corrections setting.

Active Shooter

Eric Fields, Indiana State Police

Wednesday, 2:00p-3:15p

The Indiana State Police, with the assistance of Dr. Richard Hogue, Ed.D. of Hogue & Associates, Inc., has provided the training aids in this area. In this session, participants will gain information regarding how to prepare and respond to the unpredictable possibility of an active shooter event.

Residential Staffing

Paula Worden & Panel, IACCAC Residential Guidelines Committee

Wednesday, 2:00p-3:15p

The Residential Advisory Committee was established in the summer of 1991 in Brown County, Indiana as a direct result of the firm belief held by Indiana Department of Correction (IDOC) Commissioner James Aiken that professional operating standards were imperative for residential work release programs receiving funding under IC 11-12. The Residential Advisory Committee develops Standards and provides assistance to all programs, including on-site visitations and critiques. The Advisory Committee also develops a process to assist programs in their efforts to comply with the established guidelines. The panel will discuss the history of the Residential Advisory Committee, the Standards for a free-standing residential work release facility, how to prepare for a site visitation, and overall best practices.

MRT/MRT-DV Discovery Workshop

Jamie France & James "Figgy" Hardwick, Putnam County Community Corrections

Wednesday, 2:00p-3:15p

Moral Reconciliation Therapy (MRT) is a cognitive-behavioral counseling program that combines education, group and individual counseling, and structured exercises designed to foster moral development in treatment-resistant clients. By use of interactive structured group sessions and homework assignments, MRT seeks to move clients from hedonistic (pleasure vs. pain) reasoning levels to levels where concern for social rules and others becomes important. MRT research has shown that as clients complete program

steps, moral reasoning increases in adult and juvenile offenders. This workshop is designed to expose you to a premiere evidence-based cognitive-behavioral program with proven results. Come check it out!

Why a Pickle? The Self-Empowerment Pledge
Charles Bowen, Indiana Department of Correction
Wednesday, 2:00p-3:15p

If you knew it would change your life profoundly and permanently, would you invest one minute per day? 365 minutes over a year's time...This presentation is an overview of the Self-Empowerment Pledge, seven simple promises that can change your life. What could be the upside of a team, department, or agency where individuals are committing to the Pickle Promise, and the Self Empowerment Pledge? Participants will gain an understanding of how these simple promises can create a culture of accountability, responsibility, determination, contribution, resiliency in the face of adversity, and positive perspective.

Reducing Stress in a World of Managed Chaos
Amber Finnegan, Jefferson County Community Corrections
Wednesday, 3:30p-5:00p

Working within the criminal justice system can be stressful for all public servants. The high demands of funding sources, Judges, boards, the public, staff and supervisors along with working with a difficult population can weigh heavy on your emotional health. This session is all about you. You will learn to professionally develop skills to manage stress and balance the energies of your life. It will examine how cognitive distortions lead to stress and how we can manage those distortions physically, emotionally and spirituality.

PREA Preparation
Bridgette Collins, Hendricks County Community Corrections
Wednesday, 3:30p-5:00p

On September 04, 2003, President George W. Bush enacted the Prison Rape Elimination Act (PREA) for the purpose of eliminating, reducing and preventing sexual abuse in correctional settings. It is meant to cover much more than prison sexual assault, but also a range of behaviors that include sexual abuse and sexual harassment. There are standards for prisons, jails, lockups, residential community confinement facilities as well as juvenile facilities. On May 17, 2012, the President directed "all agencies with federal confinement facilities that are not already subject to the Department of Justice's final rule" to develop rules and procedures that comply with PREA. PREA compliance is a process that varies depending on the size, nature, location and culture of the facility. It requires Memorandum of Understanding with local community agencies, creation and updates to policies and procedures, appointing of specified staff duties and data collection for availability to the public. Please join the discussion on ways to begin the process of compliance and ways to protect staff and residents from harm.

REAL COLORS®
Angie Hensley-Langrel & Chad Long, Indiana Office of Court Services
Wednesday, 3:30p-5:00p (Repeated Thursday, 1:45p-3:15p)

Real Colors® is a dynamic workshop experience using a personality type test. The goal is to provide participants with the skills to: understand human behavior, uncover motivators specific to each temperament, and improve communication with others. The basis of this workshop is the Real

Colors® Personality Type Test: a user-friendly, intuitive tool that identifies four personality types common to all people—Gold, Green, Blue, and Orange. Participants will gain an understanding of the four colors (each corresponding to a personality type), discover where they fall as an individual on the Real Colors spectrum, learn to recognize characteristics of each of the four colors, and discuss with fellow workshop participants what it's like to be each color.

Reframing Your Future

Michael Rogers, MA, MCAP, PhD candidate

Wednesday, 3:30p-5:00p

A 26-lesson psychoeducational group therapy curriculum which uses multi-media engagement and specifically targets criminogenic risk factors like: criminal thinking, integrity, cognitive schemas, antisocial cognitions, and self-actualization from a theoretical construct of cognitive reframing/restructuring. The curriculum is designed to be open-ended and can be delivered in either group or individual treatment delivery. Mr. Rogers is the author and developer of the *Reframing Your Future* curriculum. He introduced this curriculum into the Monroe County Detention Center in Florida and it was the catalyst for a significant reduction in one-year recidivism rates.

From Heroin to Hope: It's Not an Epidemic; It's a Pandemic!

Tim Ryan, A Man in Recovery Foundation

Thursday, 9:45a-11:15a

A truly educational program, Tim explains who today's addicts truly are; how they get their hands on heroin, opiates, and other substances; the startling death rates amongst addicts – young and old alike – and how the “Pandemic of Addiction” can be stopped in our cities, towns, and communities. Woven into Tim's facts and figures is both his own harrowing story of heroin addiction, incarceration, and losing his own son to an overdose. Contrasting the loss are real-life examples of families and kids he's helped through his foundation to find a life free of addiction. You'll be on the edge of your seat! Through this presentation, participants will: recognize how the heroin pandemic affects--and requires the help of--an entire community, discover avenues for immediate and sustainable treatment and recovery, and learn what is being done to address the pandemic and how to get involved.

Evidence-Based Decision-Making – A State Update, Overview and Future Direction

Mary Kay Hudson, Indiana Office of Court Services

Thursday, 9:45a-11:15a

The State of Indiana was selected to participate in Phase 6 of the National Institute of Corrections Evidence-Based Decision-Making Initiative. This session will summarize the collaborative efforts of key criminal justice stakeholders in the following change targets identified by the EBDM Team: Pretrial, Risk Reduction, Data, Behavior Response, Mental Health, and Professional Development. More information regarding EBDM is available at: <https://info.nicic.gov/ebdm/>

Supervised Release System (SRS)

Lisa Thompson, Trial Court Technology, Indiana Supreme Court

Thursday, 9:45a-11:15a

The new Supervised Release System (SRS) in INCite is the state's newest case management solution, built by Trial Court Technology with guidance and input from Marion County. SRS accommodates community corrections agencies, probation departments, court alcohol & drug programs, problem-solving court programs, and pretrial service agencies. The web-based application connects to data in the Risk Assessment System, Presentence Investigation Report application, Abstract of Judgment, and other existing INCite applications. SRS also interfaces with the state's Odyssey case management system to

display the court's chronological case summary (CCS), hearing information and scanned documents. Come and see a demonstration of this new cutting edge software!

Time Management for the 21st Century

Jeffrey Carney, Franklin Covey Company

Thursday, 9:45a-11:15a

The 5 Choices to Extraordinary Productivity combines timeless principles with current neuroscience research to help better manage decisions, attention, and energy to consistently make choices that give the greatest return on time. This session is an overview of the program.

Officer Safety

R. Shawn Matraw, Starke County Community Corrections

Thursday, 1:45p-3:15p

Officer safety is your number one priority, while actively avoiding complacency. This session will discuss and demonstrate "basic" safety protocols that all staff should adhere to when conducting a field contact.

Pretrial Roundtable

Amber Finnegan, Jefferson County Community Corrections & Pilot Counties Panel

Thursday, 1:45a-3:15p

Eleven counties in Indiana are currently participating in a Pretrial Services Pilot project in collaboration with the National Institute of Correction, the Office of Court Services and the Indiana Department of Correction. This session will explain the fundamentals of a highly effective pretrial program along with roundtable discussion from some of the pilot counties on current practices. This session will also give participants resources for the planning stages of pretrial services development.

Another MAT Option: Vivitrol[®]

Paulette Worcester, RN, CFNP

Thursday, 1:45p-3:15p

Vivitrol[®] is the first and only non-addictive, once-monthly medication that, when combined with counseling, is proven to help prevent relapse to opioid dependence, after detox. Vivitrol[®] blocks opioid receptors in the brain while you work with the psychological aspects of counseling. Participants will learn about: the pharmacology of Vivitrol[®], the use of Vivitrol[®] in opioid and alcohol treatment relapse prevention, the insurance issues related to Vivitrol[®] and the various client responses to Vivitrol[®].